



# FLOWERS FOR ASHLEY

#FLOWERSFORASH

FEBRUARY 2022

Day 1: Share *Flowers for Ashley* with friends, family, and coworkers.

Day 2: Commit to 5 days and put them on your calendar

Day 3: Self-love: Buy some flowers for your home or room

Day 4: Ashley's birthday. We are asking people to share Ashley's story and website with someone ([ashleybusby.org](http://ashleybusby.org))

Day 5: Celebrate the strong women in our lives

Day 6: Honor someone who has passed. (plant a flower/share their story)

Day 7: Take flowers to someone who provides a service to you or your family

Day 8: Petal it forward

Day 9: Show kindness to a stranger

Day 10: Reach out to the friend you have known the longest and still stay in touch with

Day 11: Give flowers to a co-worker

Day 12: Share a funny memory with someone

Day 13: Show appreciation to a teacher with a small gift or note

Day 14: Give to someone you LOVE

Day 15: Petal it forward

Day 16: Ding Dong Ditch Flowers

Day 17: Honor your first responders or military members

Day 18: Show a child you adore them by gifting them flowers or a sweet note

Day 19: Take your local florist a small token of your appreciation.

Day 20: Write a thoughtful note to someone and attach it to the flowers you give

Day 21: Take flowers to the resting place of someone you miss.

Day 22: Petal it forward

Day 23: Wildflower Wednesday- Enjoy nature and view the world as Ashley did

Day 24: Leave a special note for your mailman/woman with a flower

Day 25: Art Day! Share with us your rendition of your favorite flower.

Day 26: Honor your parents, or someone who helped you through life

Day 27: Donate to your favorite charity

Day 28: Self-Love: Buy some flowers for your room or home

